

INSTRUCTIONS

AFO'S

- Never walk on braces without shoes and socks
- Be aware of any pressure areas...make sure that the straps at the ankles are properly tightened
- Gradually increase time in the braces
- Follow your doctors order regarding use of the braces and activity levels
- If any cracks or damage are noticed on the braces, remove them and contact us for repair / replacement
- Never use damaged braces
- Use a lace up gym shoe type shoe for comfort
- If there are any questions or concerns, contact us @
1-888-MDLABS1