



MD LABS
Total Orthotic and Prosthetic Care
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PROTOCOL For the APOPPS Socket
When used as a Postoperative, Protective or
Early Fitting Prosthetic Socket

PATIENTS, NURSES, HOME HEALTH & FAMILY HELPERS

Remove the outer fitting sock (or stockinet) and the polyurethane distal end pad.

Examine (do not remove) the innermost post-op fitting sock (or sterile stockinet) for signs of excessive bleeding or drainage

If excessive blood or drainage is found, contact the physician Immediately.
If only mild spotting is noted make a record and proceed.

Record the size and location of the spotting.

If the spotting becomes excessive at some later point contact the physician.

HYGIENE

Wash the reticulated distal end pad with an anti-bacterial soap; rinse well, dry the pad by gently compressing it in a towel.

(DO NOT WRING), reapply the pad and a clean dry outer sock over the pad.

Re-apply the FLO-TECH-TOR™ socket.

The sock can be washed and re-used. Pt. is provided with a 2 socks-one to wear and one to wash.

When in bed or reclined in a chair the mid patella tendon strap should be loose enough to slide a finger under it.

***THE COMPLETE HYGIENE PROCESS SHOULD TAKE NO LONGER THAN 20 MINUTES EACH TIME.**

PHYSICAL THERAPISTS - Suggested POST SURGICAL PROTOCOL:

Daily Use, Rehabilitation and Training:

Weight bearing MUST be authorized by a physician.

Patients may begin early contact weight bearing; upon receipt of the FLO-TECH-TOR™, either in a tilt table or by standing on a pillow with a chair supporting the distal socket.

The patient should return to his/her licensed or certified prosthetist as often as appointments are scheduled.